ANU COL SUPPORT SERVICES

Information about support services and resources available to students of the ANU College of Law
ANU offers a range of services and resources to ensure our students succeed at university. Find out more about:

- how to plan out your degree
- support related to your courses
- academic skills workshops
- the on-campus health centre
- mental health and wellbeing
- support for disabilities and short-term conditions
- student associations and networks.

There are plenty of people at the ANU and the ANU College of Law to help guide you on your student journey.
STUDENT ADMINISTRATION SERVICES

Student Administration Services is your one-stop-shop to contact us about your degree, university experience, studying Law, enrolment, well-being, issues, advice, law events, timetable, exams and assessments. Some of the things we can help with include:

- Course enrolment, credit transfer, degree progression, permission codes, student appointments
- Clinical Courses, internships, cross-institutional studies, exchange (Global Programs), study abroad
- Class summaries, requests for extensions, Language backgrounds other than English (LBOTE) Assessment Arrangements
- College letters such as Dean’s certificates, academic conduct report and letter of completion for admission to practice
- Academic grievance, appeals and feedback, admission enquiries, College scholarships and prizes.

Contact Details

5 Fellows Road, Ground floor
T 02 6125 3483
E enquiries.law@anu.edu.au
W law.anu.edu.au/student-administration-services
THE SERVICES OFFICE

The Services Office can assist you with the below:

> Submission of hard copy assignments
> Collect and distribute unmarked and marked student assessments
> Hire lockers to students
> Maintain first aid equipment

**Contact Details**

7 Fellows Road, Ground floor
T 02 6125 0456
E servicesoffice.law@anu.edu.au
Come and have a talk! (CHAT)

CHAT is a Law School mentoring program that teams you up in groups with other first year students, two later year student mentors and one staff member. We encourage all first year law students to participate.

Navigating your way through the first semester of law school can be both exciting and daunting! If you want an additional forum to connect with your fellow students or would like advice from enthusiastic later year students who have done it before then ‘Come and Have a Talk!’

There are also CHAT social gatherings, coffee sessions and discussion sessions.

You can enrol in a group with a friend, or just sign up and then see what new students you meet in your group.

W law.anu.edu.au/current-students/beyond-classroom/mentoring

Law Students’ Society (LSS)

The ANU Law Students’ Society (LSS) is the representative body for all ANU law students, providing a wide range of social, educational and careers-oriented programs and events.

LSS is the largest and most active society on campus. They hold a variety of events and workshops and are a great support network for law students. LSS consists of the following portfolios:

> LSS Education
> LSS Careers
> LSS Social
> LSS Competitions
> LSS Social Justice
> LSS Equity
> LSS International

First Year Guide

LSS published a First Year Guide which is a fantastic source of information for commencing students in law. anulss.com/first-year-guide

Contact Details

W anulss.com
Facebook.com/ANULSS
Instagram.com/anulss
Peer Assisted Learning (PAL)

The College’s Peer-Assisted Learning (PAL) program is aimed at helping first-year law students to learn and practice foundational legal skills they will need for the rest of their law degree. PAL run weekly study sessions facilitated by later year law students which are held during Semester. This also gives students a chance to form relationships with and learn from older students as well as fellow first-year students.

They address topics as:

- Feeling confused about HIRAC? Want to learn some strategies for making it less scary?
- Law school is a learning curve - how to manage your time and stress
- Feeling confused about how to stay under the word limit?
- Don’t know how to keep your writing concise and clear?
- Learning how to use the Australian Guide to Legal Citation can be overwhelming, but PAL is here to help!
- How to prepare for a closed-book exam.

Contact Details

T  02 6125 5588
E  pal.law@anu.edu.au
W  law.anu.edu.au/current-students/beyond-classroom/mentoring
   facebook.com/anucolpal
HEALTH SERVICES

The on campus health service provider for the ANU is the National Health Co-op (NHC). The NHC is a not-for-profit, member owned co-operative and a fully registered Australian Charity. The ANU covers the cost of NHC membership for all enrolled ANU students.

The NHC operates a state-of-the-art health and wellness clinic on levels 2 and 3 of Building 156 in Kambri. The NHC ANU Clinic provides you with a comprehensive range of health services including:

- general health check-ups
- minor wound management
- medical assessments and pre-employment medicals
- childhood and adult immunisations
- men’s health information
- sexual health assessments
- health risk factor assessments and disease prevention
- psychologist appointments
- minor surgical procedures
- sports injury management
- travel medicine and immunisation
- women’s health - cervical cancer screening, antenatal nurse care
- mental health support
- diabetes management
- assistance with quitting smoking.

In addition to the NHC ANU Clinic, students are able to access health services from any of the NHC’s Clinics in the Canberra region. An up-to-date list of the NHC’s clinics and services is available at nhc.coop.

Contact Details
Levels 2 and 3, Health and Wellbeing Centre Building 156, Kambri
T 6178 0400
W anu.edu.au/students/health-safety-wellbeing/medical-services
External medical support

All Emergency Services
(Police, Fire, Ambulance)
Open 24 hours a day, 7 days a week
T 000

Canberra Afterhours Medical Service
(CALMS) Paid service*
6pm–8.30am weekdays, 24h weekends and public holidays
T 1300 422 567

Calvary Hospital Bruce
(closest hospital to the ANU)*
Open 24 hours a day, 7 days a week
T 6201 6111

Canberra Hospital Woden*
Open 24 hours a day, 7 days a week
T 5124 0000

Health Direct (Medical & health advice)
Open 24 hours a day, 7 days a week
T 1800 022 222

Poison Information Line
Open 24 hours a day, 7 days a week
T 131 126

*We recommend international students to refer to their Overseas Student Health Cover (OSHC) to verify if there is a gap or out of pocket payment that may occur in accessing these services.
COUNSELLING CENTRE

The ANU Counselling Centre promotes, supports and enhances mental health and wellbeing within the University student community. The Centre is a free, confidential and non-diagnostic service available to all currently enrolled ANU students.

ANU Counselling Centre counsellors are the experts in tertiary student mental health. This can range from awareness raising and early intervention to help for more serious concerns such as depression and anxiety.

Group programs and information sessions are regularly offered each semester by the ANU Counselling Centre, including:

> understanding mental health for international students
> social success
> procrastination and motivation
> everyday mindfulness
> suicide prevention
> Mindfulness Community of Practice
> Get Up and Go walking program

Contact Details
Level 3, Health and Wellbeing Centre Building 156, Kambri
T 02 6125 2442
E counselling.centre@anu.edu.au
W anu.edu.au/students/health-wellbeing/counselling

ANU Crisis Support – after-hours
The ANU Crisis Support Line is provided to help students find immediate relief from emotional distress, provide coping strategies for a current crisis, manage any immediate threats to life or safety and referral options and pathways for longer-term support.

ANU Crisis Support Line 5pm–9am weekdays, 24h weekends and public holidays.
T 1300 050 327 | Text 0488 884 170
External counselling support

1800 Respect (National sexual assault and domestic violence counselling service)
Open 24 hours a day, 7 days a week
T  1800 737 732

Canberra Rape Crisis Service (A crisis and counselling telephone support service)
7am–11pm, 7 days a week
T  6247 2525

This service is also available on campus for enrolled ANU students and appointments can be made through this number. Be sure to let them know you are an ANU student.

Crisis Assessment and Treatment Team (CATT)
(Mental health emergency access & support)
Open 24 hours a day, 7 days a week
T  1800 629 354 or 6205 1065

Domestic Violence Crisis Service (DVCS)
Open 24 hours a day, 7 days a week
T  6280 0900

Kids Helpline (Telephone counselling for young people 5-25 years)
Open 24 hours a day, 7 days a week
T  1800 551 800

Lifeline (Telephone counselling)
Open 24 hours a day, 7 days a week
T  13 11 14

MensLine Australia (Telephone counselling & support for men)
Open 24 hours a day, 7 days a week
T  1300 78 99 79

Suicide Call Back Service (Crisis counselling and call back)
Open 24 hours a day, 7 days a week
T  1300 659 467

All of the above services are free
The ANU Access and Inclusion group assists students who have a disability, medical condition or who are recognised primary carers of a person with a disability, to participate fully in their program of study by providing advice and support that minimise the impact of disability in education.

The definition of disability is based on the *Disability Discrimination Act (DDA) 1992* and includes:

- deafness and hearing impairment
- blindness and vision impairment
- physical disability
- specific learning disability
- psychiatric disability
- acquired brain injury
- chronic medical conditions
- temporary disability (e.g. broken limb, affected mobility, or short term medical conditions).

**Contact Details**

Level 3, Di Riddell Student Centre Building 154, Kambri

T 02 6125 5036
E access.inclusion@anu.edu.au
W anu.edu.au/students/contacts/access-inclusion
ACADEMIC SKILLS AND LEARNING CENTRE

The Academic Skills and Learning Centre helps students to develop the key skills and communication strategies that are foundational to all academic activity. The Centre provides assistance to students from first year undergraduate to final year PhD through:

> individual appointments
> peer writing drop-ins
> English conversation groups
> Turnitin practice site to check the academic integrity of your assignments prior to submission
> workshops; including writing, time management and exam preparation
> a large number of useful resources on referencing and academic integrity, writing and assessment, and adjusting to university.

Contact Details
Level 3, Di Riddell Student Centre Building 154, Kambri
T 02 6125 2972
E academicskills@anu.edu.au
W anu.edu.au/students/contacts/academic-skills-learning-centre
## ANU SERVICES

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<th>Service</th>
<th>How can they help?</th>
<th>Contact</th>
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<tbody>
<tr>
<td>Set4ANU program</td>
<td>SET4ANU is a year-long volunteer program designed to support new students in making the transition to life at the Australian National University. Set4ANU connects new and current students before, during and after arrival and offers a range of programs and resources to help new students find their ANU with ease.</td>
<td>W anu.edu.au/students/information-for/new-students/set4anu-program</td>
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<td></td>
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<td>E <a href="mailto:student.experience@anu.edu.au">student.experience@anu.edu.au</a></td>
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<td>T 02 6125 3593</td>
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<td>Tjabal Indigenous Higher Education Centre</td>
<td>The Tjabal Indigenous Higher Education Centre provides a meeting place and support-base for Aboriginal and Torres Strait Islander students and staff at ANU.</td>
<td>W anu.edu.au/students/contacts/tjabal-indigenous-higher-education-centre</td>
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<td>E <a href="mailto:tjabal.centre@anu.edu.au">tjabal.centre@anu.edu.au</a></td>
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<td>T 02 6125 4038</td>
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<td>ANUSA</td>
<td>ANUSA is the Student Association for undergraduate students. They provide advocacy, student support services and organise social events.</td>
<td>W anusa.com.au</td>
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<td>E <a href="mailto:sa.admin@anu.edu.au">sa.admin@anu.edu.au</a></td>
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<tr>
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<td>T 02 6125 2444</td>
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<tr>
<td>PARSA</td>
<td>PARSA is the Student Association for postgraduate &amp; research students. They provide advocacy, student support services and organise social events.</td>
<td>W parsa.anu.edu.au</td>
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<td>E <a href="mailto:parsa@anu.edu.au">parsa@anu.edu.au</a></td>
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<td>T 02 6125 4187</td>
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<tr>
<td>International Student Department (ISD)</td>
<td>ISD is the Student Association for international students. They provide support and run events for international students.</td>
<td>W anuisd.com</td>
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<td></td>
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<td>E <a href="mailto:anuisd.info@gmail.com">anuisd.info@gmail.com</a></td>
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<td>ANU Ally Network</td>
<td>ANU Ally Network is a network who support sexual and gender diversity and are committed to creating a safe, supportive and inclusive culture for the LGBTI (Lesbian, Gay, Bisexual, Transgender, Intersex) community.</td>
<td>E <a href="mailto:ally@anu.edu.au">ally@anu.edu.au</a></td>
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| Multi-faith Chaplaincy        | The Chaplaincy is a place for spiritual support and is provided by a team of chaplains, including members of the Christian, Muslim, Hindu, Jewish, Baha’i and Buddhist faith traditions. | W anu.edu.au/chaplaincy  
E chaplaincy@anu.edu  
T 02 6125 4246                                                            |
| Dean of Students              | The Dean of Students offers confidential and impartial advice, and can help to resolve problems by acting as a neutral intermediary between students and the academic or administrative areas of the university. | W anu.edu.au/dos  
E dean.students@anu.edu  
T 02 6125 4184                                                            |
| ANU Security                  | ANU Security maintain a 24-hour patrol on campus, responding to emergency situations and providing first aid.                                                                                                      | T 02 6125 2249  
For life-threatening emergencies first call 000                        |
| ANU Crisis Support Line       | The ANU Crisis Support Line is provided to help students find immediate relief from emotional distress, provide coping strategies for a current crisis, manage any immediate threats to life or safety and referral options and pathways for longer-term support. | Available 5pm–9am weekdays, 24 hours on weekends & public holidays  
T 1300 050 327  
Voice calls only  
SMS 0488 884 170                                                        |

**ANU APPS**

ANUOK is the official safety and wellbeing app for ANU students. The app features include quick access to ANU Security, a personal safety toolbox, a campus map, transport and parking services and many other personal support resources.

The iANU app allows ANU students to access mobile versions of Wattle, Students Website, Video, Events, News, Maps, Orientation, and more.